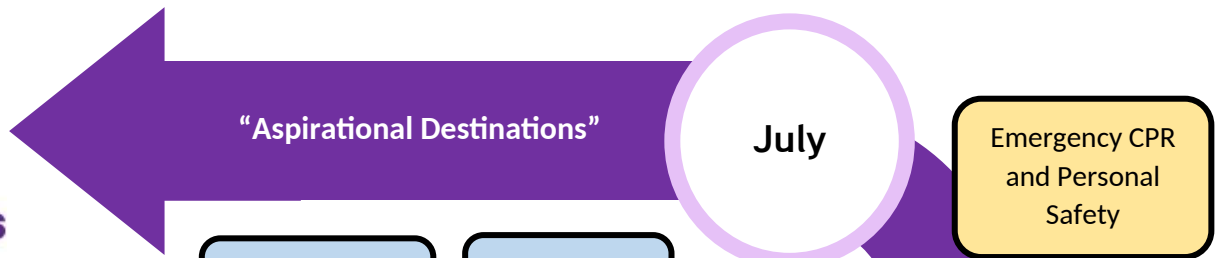


Sixth Form Life Skills Journey



Be Ambitious



July

Emergency CPR and Personal Safety

Future Ready

Memory and Mnemonics Revision Strategies

MHST - Managing Exam Stress **Exam skills** Student Finance Sexual Health

Choosing the Right Degree

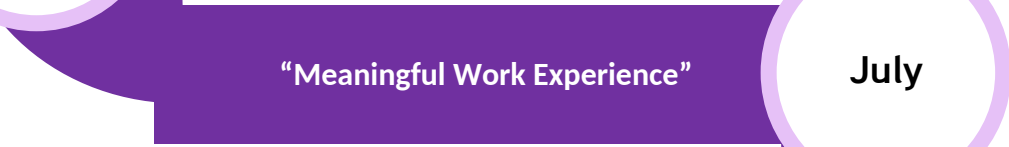
RE Debating Matches **Critical Thinking**

September

Written Communication

Evaluating Sources Intro to Assessment Centres

Personal Statement Writing Interviews and Cover Letters



July

Personal Statements Workshop

Destination Preparation

Local Politics Q&A Medical School Admissions Apprenticeships Options

STEM Guest Speaker

Academic Literacy Critical Analysis

UCAS Convention Visit

Taxes and Budgeting

Community Action Project

Transferrable Numeracy Skills

Degree Apprenticeships

Graphs and Formulae

Raising Aspirations Career Mentoring Selection

September

Russell Group and Competitive Courses

Building Study Habits

Resilience
Pride
Respect
Ambition

Work Experience Launch

Kooth - Mental Health Awareness

'Thinking Hard' Revision and Recap Strategies