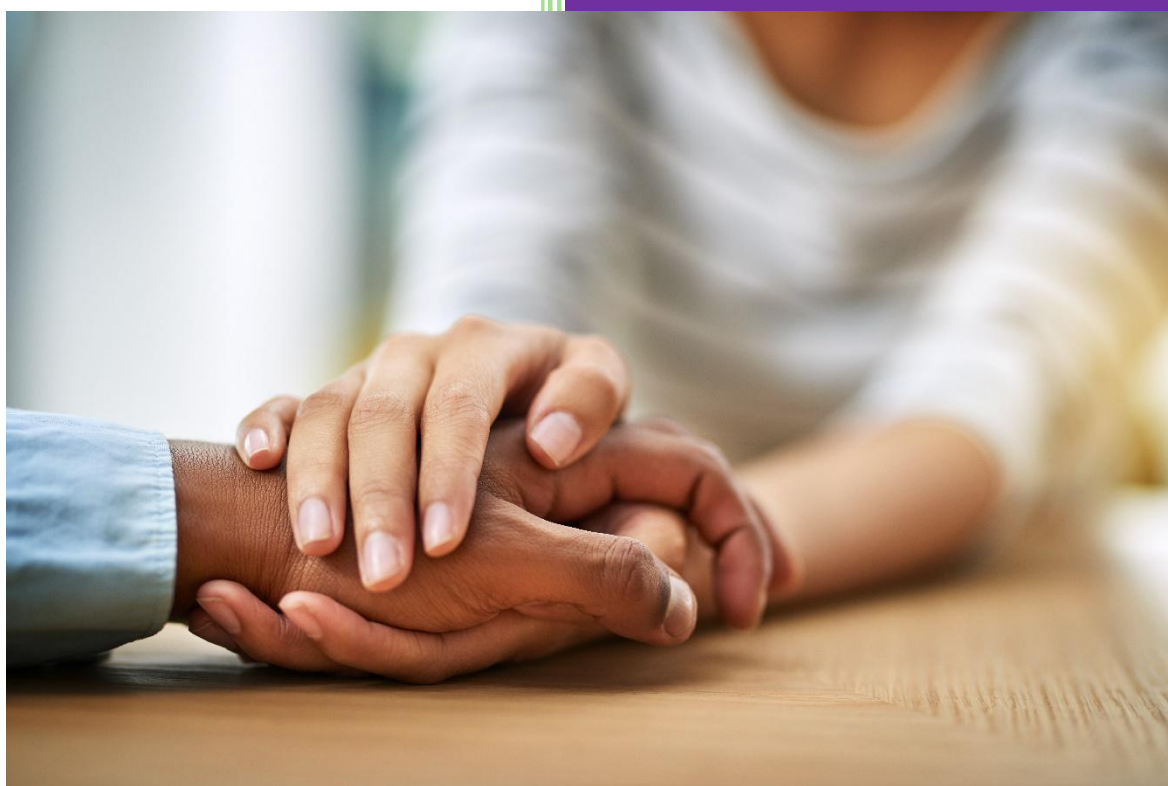


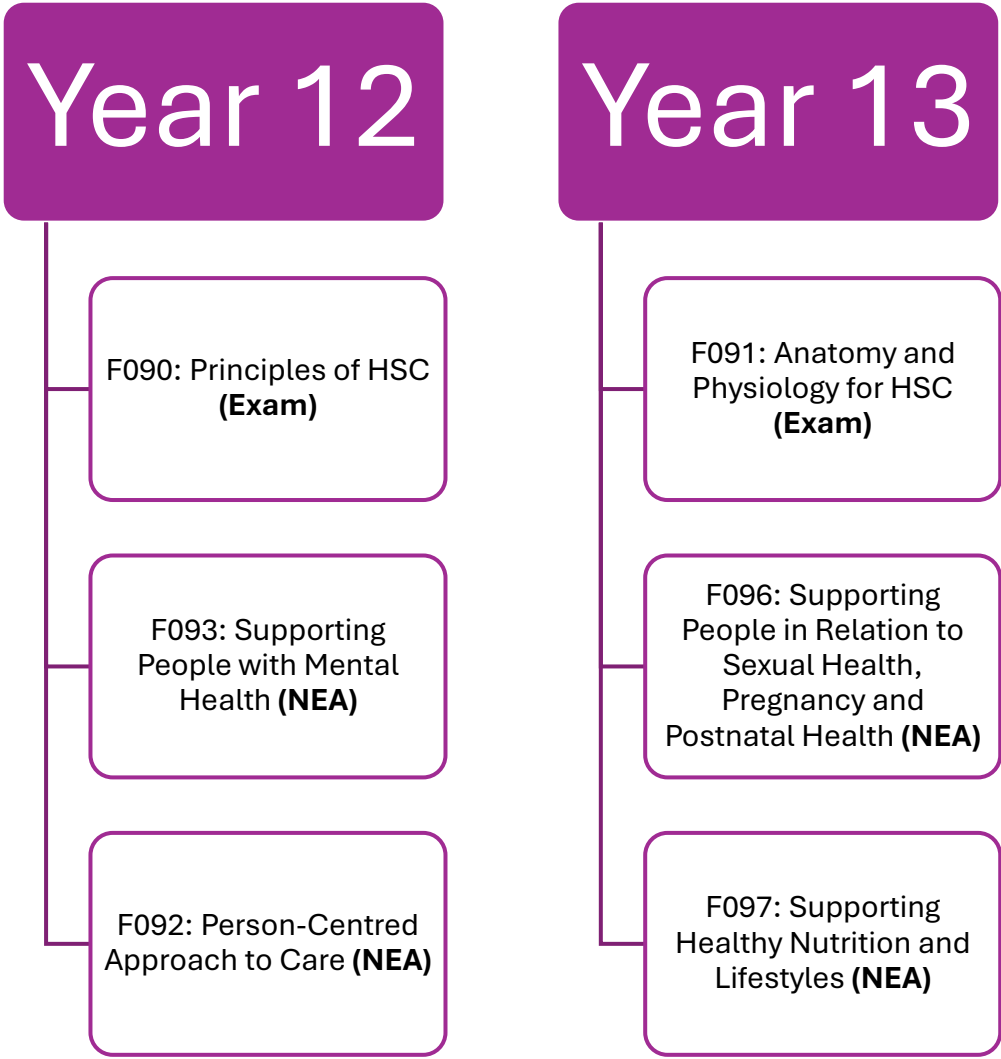


Transition Booklet



Level 3 Health and Social Care

Course Overview



Year 12 Health and Social Care Transition Work

One of the first units we cover on the course is **F090: Principles of Health and Social Care**. The purpose of this unit is to develop an awareness of the impacts, both positive and negative, of how we communicate with individuals within a series of different contexts.

But first, in order to do this successfully we need to be confident in the differences between health care, social care and child care. A sound understanding of these different professions and environments allow us to apply our knowledge to examples and scenarios in our work.

Can you research the three different fields to produce a definition for them?

Health care is...	Social care is...	Child care is...

Now you know the differences between the three areas of care, it is time to dissect the professionals and environments. Can you research and list some of the different professions/careers and environments we might reference when completing HSC work?

	Health Care	Social Care	Child Care
Professionals/ Careers			

Environments			

It is very important to consider the impacts of how we communicate. The way we talk, look and move all contribute to other people’s impressions of ourselves. Consider the categories below and list some of the positive and negative ways of communicating.

	Positive	Negative
Verbal communication		

Body language		
Facial expressions		
Written communication		

We also need to explain WHY we communicate the way we do. Taking all of these forms of communication into account, how would they make a service user feel? What are the possible impacts of communicating in this way? Concentrate on key words as opposed to sentences. (A service user is the individual/group you are caring for).

Impacts of positive communication	Impacts of negative communication

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All of this information will be useful to consider when completing your coursework, keep it safe and see you in September!

Enrich Your Knowledge

Reading:

- Community Care- An insight into the role of a social worker with a current matter: <http://www.communitycare.co.uk/2016/06/22/top-tips-developing-social-work-approach-radicalisation/>
- Community Care: <http://www.communitycare.co.uk/2015/08/14/protection-disabled-children-latest-research-tells-us/>
- Putting people first Safeguarding disabled children: https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/190544/003_74-2009DOM-EN.pdf
- Royal College of Nursing Publications: Domestic Abuse Pocket Guide <https://www.rcn.org.uk/professional-development/publications/pub-005985>
- Nursing through time <https://www.rcn.org.uk/professional-development/publications/pub-005736>
- Raising concerns: <https://www.rcn.org.uk/professional-development/publications/pub-005841>
- Keeping safe whilst working alone <https://www.rcn.org.uk/professional-development/publications/pub-005730> NMC- <https://www.nmc.org.uk/globalassets/sitedocuments/nmc-publications/nmc-code.pdf>

TED Talks:

- [How The Human Connection Improves Healthcare | Anthony Orsini | TEDxGrandCanyonUniversity](#)
- [Why Social Health Is Key to Happiness and Longevity | Kasley Killam | TED](#)
- [Health Equity- Changing Systems Not Victims | Dr. Alvin Powell | TEDxRaleigh](#)
- [Hiding in Plain Sight: What's Missing in Health Equity | Keri Norris | TEDxEmory](#)
- [5 ways to listen better | Julian Treasure | TED](#)
- https://www.youtube.com/watch?v=A27QjpQ_Leo (Social Workers are Superheroes)

Films:

- **Bohemian Rhapsody** - (12A) Freddy Mercury defies stereotypes and convention to become one of history's most beloved entertainers. Lifestyle factors/social & cultural stereotypes

- **Me before You** - (12A) A young and quirky woman becomes a caregiver for a wealthy young banker left paralysed from an accident two years earlier. Life events/formal & informal care/disability
- **The Children Act** - (12A) Adam Henry has leukaemia. His doctors want to perform a blood transfusion, but his parents are Jehovah's Witnesses, and believe that having a blood transfusion is against biblical principles. Illness/ethics/relationships
- **Sorry We Missed You** - (15) Ricky and his family have been fighting an uphill struggle against debt since the financial crash. Social & cultural factors/income & wealth/life circumstances
- **The Theory of Everything** - (12A) The story of Stephen Hawking and his life following his diagnosis of a fatal illness. Disability/Relationships
- **The Blind Side** – (12A) The story of Michael Oher, a homeless and traumatised boy who became an All-American football player and first-round NFL draft pick with the help of a caring woman. Social & cultural factors/income & wealth/life circumstances
- **I, Daniel Blake** – (15) After having suffered a heart attack, a 59 year old carpenter must fight the bureaucratic forces of the system in order to receive Employment and Support Allowance. Social and cultural factors/life circumstances

TV Shows:

- **Saving Our Nurses** - With a third of nurses looking for a new role, a new scheme based in a London hospital aims to cut the number of nurses leaving the profession. Care values/Health care services
<https://www.bbc.co.uk/iplayer/episodes/m000iygi/saving-our-nurses>
- **Babies: Their Wonderful World** - BBC. Explores how the first 2 years of life shapes the adults we become. Infancy development/life stages
- **The Secret Life of 4- and 5-year-olds** - Channel 4. Great for looking at childhood development/life stages (especially socialisation skills)
- **Old People's Home for 4 Year Olds** - Channel 4. How the company of 4-year-olds helped to improve the mood, mobility and memory of the elderly. Life stages.
- **Mum, Dad, Alzheimer's and Me** - You Tube. Real life story investigating the care of Alzheimer's sufferers in the UK.
<https://www.youtube.com/watch?v=LprTLA01AF0>
- **Call the Midwife** - BBC life events/childbirth/formal support