



### Key Features of the Course:

This is a two-year course which provides students with a detailed insight into a broad range of sporting domains, including anatomy and physiology, fitness training and programming and professional development. Students will study four units (three mandatory and one optional) across the two years to be accredited with the qualification.

A range of assessment methods are incorporated within the course, with external assessment comprising 67% of overall mark. Assessment methods include:

- A written exam externally assessed, which will involve a combination of short and long answer questions.
- A scenario-based task set and externally assessed.
- Written assignments and practical demonstrations/presentations which are internally set and assessed.

Students are not assessed on their practical capabilities as a performer; they are predominantly assessed on their ability to theoretically identify, demonstrate, describe, explain, apply, analyse, justify and evaluate concepts.

### What type of student is this course suitable for?

This course is suitable for students who have:

- High levels of enthusiasm, interest and passion for sport and physical activity from both a practical and theoretical aspect.
- A profile of five 4-9 grades, with a minimum of a grade 6 in English and Science.
- Previously studied GCSE PE, attaining a grade 6 on the theory aspect of the course or Level 2 BTEC Sport, attaining a merit.
- A willingness and motivation to take responsibility for their own learning, completing tasks independently and in accordance with deadlines.

### What could this course lead on to?

This qualification will give learners an excellent foundation into the world of sport and physical activity, enabling them to forge a career in sport or study sport in higher education. This course allows learners to meet the needs of employers and universities; it enables learners to gain a grounding in the latest industry requirements, develop transferrable intrapersonal and interpersonal skills, including teamwork, independence, communication, adaptability, time-management and resilience as well as research, presentation, analytical and extended writing skills.

Students will study four units (three mandatory and one optional) across the two-year course, with units being delivered offering a balance of breadth and depth to cater for the diverse range of student interest. Units are assessed either through an **external exam involving short and long answer questions assessed by the exam board, scenario based task set and assessed by the exam board which is completed in controlled conditions (time frames)** or **written/practical assignments set and internally assessed by the school**. For written assignments set and internally assessed, students are given opportunities to resubmit their work; however, the resubmission must be submitted within 15 days of receiving feedback from the first submission.

Year	Unit Title
12	Unit 1: Anatomy and physiology
12	Unit 2: Fitness training and programming for health, sport and well-being
13	Unit 3: Professional development in the sports industry
13	Unit 5: Application of fitness testing

### Course Details

Awarding Body: Edexcel

Website: <http://qualifications.pearson.com/en/qualifications/btec-nationals/sport-2016.html>

Specification Number:

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Taught At: Brunts Academy