

Year 7	Autumn 1		Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Concept	Health & Well-being		Living in the wider world	Relationships	Health & Well-being	Relationships	Living in the wider world
Overview	Transition to secondary school and personal safety in and outside school, including first aid		Careers, teamwork and enterprise skills, and raising aspirations	Diversity, prejudice, and bullying	Healthy routines, influences on health, puberty, unwanted contact, and FGM	Self-worth, romance and friendships (including online) and relationship boundaries	Financial decision making - saving, borrowing, budgeting and making financial choices
Year 8	Autumn 1		Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Concept	Living in the Wider World	Health and Wellbeing	Living in the wider world	Relationships	Health & Well-being	Relationships	Living in the wider world
Overview	Life choices	Mental Health and emotional wellbeing	Equality of opportunity in careers and life choices, the different types and patterns of work	Discrimination in all its forms, including; racism, religious, disability, sexism, homophobia, biphobia and transphobia	Mental health & emotional wellbeing, including body image and coping strategies. Alcohol and drug misuse. Pressures relating to drug use	Gender identity, sexual orientation, consent, 'sexting' and an introduction to contraception	Digital literacy – online safety, digital literacy, media reliability and gambling hooks
Year 9	Autumn 1		Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Concept	Living in the Wider World	Health & Well-being	Living in the wider world	Relationships	Health & Well-being	Relationships	Living in the wider world
Overview	Life choices	Mental Health and emotional well-being	Learning strengths, career options and goal setting as part of the GCSE options process	Families and parenting, healthy relationships, conflict resolution and relationship changes	Peer influence- healthy and unhealthy friendships, assertiveness, substance misuse and gang exploitation Diet, exercise, lifestyle balance, healthy choices and first aid.	Intimate relationships – relationships and sex education including consent (revisit), contraception, the risk of STIs and attitudes to pornography	Employability and online presence
Year 10	Autumn 1		Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Living in the Wider World	Health & Well-being	Living in the wider world	Relationships	Health & Well-being	Relationships	Living in the wider world
	Life choices	Mental Health and emotional wellbeing	Financial decision making – the impact of financial decisions, debt, gambling and the impact of advertising on financial choices	Relationships and sex expectations, consent, myths, pleasure and challenges, including the impact of the media & pornography	Exploring influence – the influence and impact of drugs, gangs, role models and the media	Addressing extremism and radicalization – community cohesion and challenging extremism	Work experience - preparation for and evaluation of work experiences and readiness for work
Year 11	Autumn 1		Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Living in the Wider World	Health and Wellbeing	Living in the wider world	Relationships	Health & Well-being	Relationships	
	Life choices Next Steps	Building for the future	Next steps – application processes and skills for further education, employment and career progression	Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse	Independence – responsible health choices and safety in independent contexts	Families – different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships	